

# **A SPECIAL GIFT MUSIC AND REPOSE**

*From Edie Hartshorne*



**You are invited for 90 minutes of repose from the busy world to rest and renew your spirit with Tibetan Bells in my exquisite Japanese studio overlooking the Bay.**

**I'll provide a session with Tibetan Bells, Japanese tea, and fruit. After the healing sound and relaxation, soak in my garden hot tub, sheltered by the spreading acacia.**



**A Special Gift of Music and Renewal**

To: \_\_\_\_\_

From: \_\_\_\_\_

### *MUSIC—A REFUGE FOR RENEWAL*

My healing practice has as its core renewal—seed within us all which yearns to burst forth into sunlight, to be warmed and to be seen; brave plum blossoming out of snow, first song of spring. This work is done with ease. That vital life force which is so mysterious and at the core unknowable, needs only to be given space and a beckoning to awaken. Our "subtle body" recognizes its own resonance in sound and vibration. The body has an intrinsic drive towards health, life and delight. My work is to enhance this organic process and allow the natural streaming of joyful life energy to come forth.

**Call for an appointment**

**Edie Hartshorne**

**768 Contra Costa Avenue • Berkeley, CA 94707 • (510) 526-4476**

 **Breath  
Energy  
Spirit**